

Name: _____

Kindness Challenge – Acts of Kindness



Read each act of kindness. Draw a tick when you do it!

<p>Say good morning to a friend.</p>  <p>Hi</p> 	<p>Help tidy up.</p>  	<p>Share your snack.</p>  	<p>Say something kind.</p>  
<p>Help someone who is hurt.</p>  	<p>Write a thank-you note.</p>  	<p>Include someone who is alone.</p>  	<p>Listen carefully when someone talks.</p>  
<p>Give someone a hug.</p>  	<p>Say sorry when you make a mistake.</p>  <p>I'm sorry</p> 	<p>Let someone go first.</p>  	<p>Pick up litter you see.</p>  
<p>Tell someone they did a great job.</p>  	<p>Smile at a new student.</p>  	<p>Help a friend with their work.</p>  	<p>Draw a picture for someone.</p>  

