

Name: _____



How Am I Feeling Today?

Circle how you feel. Draw your face. Write about it.

1. FEELING CIRCLE



Happy



Sad



Angry



Scared

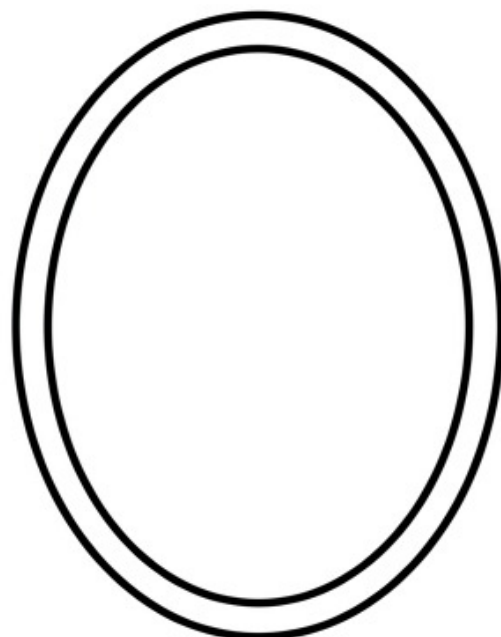


Excited



Tired

2. DRAW YOUR FACE



Draw YOUR face showing how you feel today.

3. WRITE

Today I feel _____. -----

I feel this way because _____. -----

When I feel like this I like to _____. -----

